

## Campaigning in conflict situations

Develop mental resilience and verbal quick-wittedness

### Why this is a must

You will gain respect and authority, counter attacks skilfully and boost your mental resilience.

**You won't ever be verbally intimidated again.**

### Who benefits

Anyone who wants to be more assertive in difficult situations and gain respect and authority.

All participants receive Rupert Lay's book "Dialektik für Manager".



### Training course content

- You will learn how to recognise opportunities for intervention and how to circumvent rhetorical traps
- You will learn how to counter personal attacks skilfully and become tougher and generally more resilient
- You will learn how to be more assertive in debates
- You will learn how to break the circle of aggression and how to react professionally in personal debates
- Looking into your counterpart's psyche will help you to understand and respond to rhetorical tricks
- You will learn how to ward off fear and aggression and why people attack, provoke or hurt deliberately

## Training methods

- Unsettling dialectics deliberately blur the borders between game and reality
- Looking glass: self-reflection and video analysis clearly show how rhetorical traps work and help find appropriate defence mechanisms
- Practising debates and debating techniques
- Circle of aggression: getting out of it by using favourable arguments
- Squaring the dialectical circle: consciously changing perspective

## Keyfacts

**3 days of intensive training** with up to ten participants

Day 1: 9:00 – 19:30

Day 2: 8:30 – 19:30

Day 3: 8:30 – 17:00

## For Individuals

You can find our public dates for the training on our website: [www.hps-training.com/trainings](http://www.hps-training.com/trainings)

## For Teams

In-house seminars are the best value for groups of 5 or more.



a confidential environment



learning partnerships



your ideal date & location



tailor-made solutions



teambuilding effects



real individualisation



### Do you have questions?

Monika Keller

+43 1 522 40 50 -0

[monika.keller@hps-training.com](mailto:monika.keller@hps-training.com)